



The Hidden Ireland Adventures

Climb Ireland's highest peak

Corrán Tuathail

McGillycuddy Reeks (1040m/3414ft)

with **Con Moriarty**

**Every Wednesday
and Saturday
throughout the year**

Plus...

**Private guiding available
for a range of routes; walking,
scrambling or climbing, including:**

- The Ridge of the Reeks classic traverse
- The Com Lothair Horsehoe
- Howling Ridge and other technical scrambles and climbs... many first climbed by Con Moriarty
- Rock Climbing in the Gap of Dunloe (and other locations)
- Multi-day inn-to-inn tours and backpacking
- Technical mountaineering skills
- Winter snow and ice

**Our passion
is creating
unforgettable
events that
connect people
to the incredible
nature and culture
of our place...**

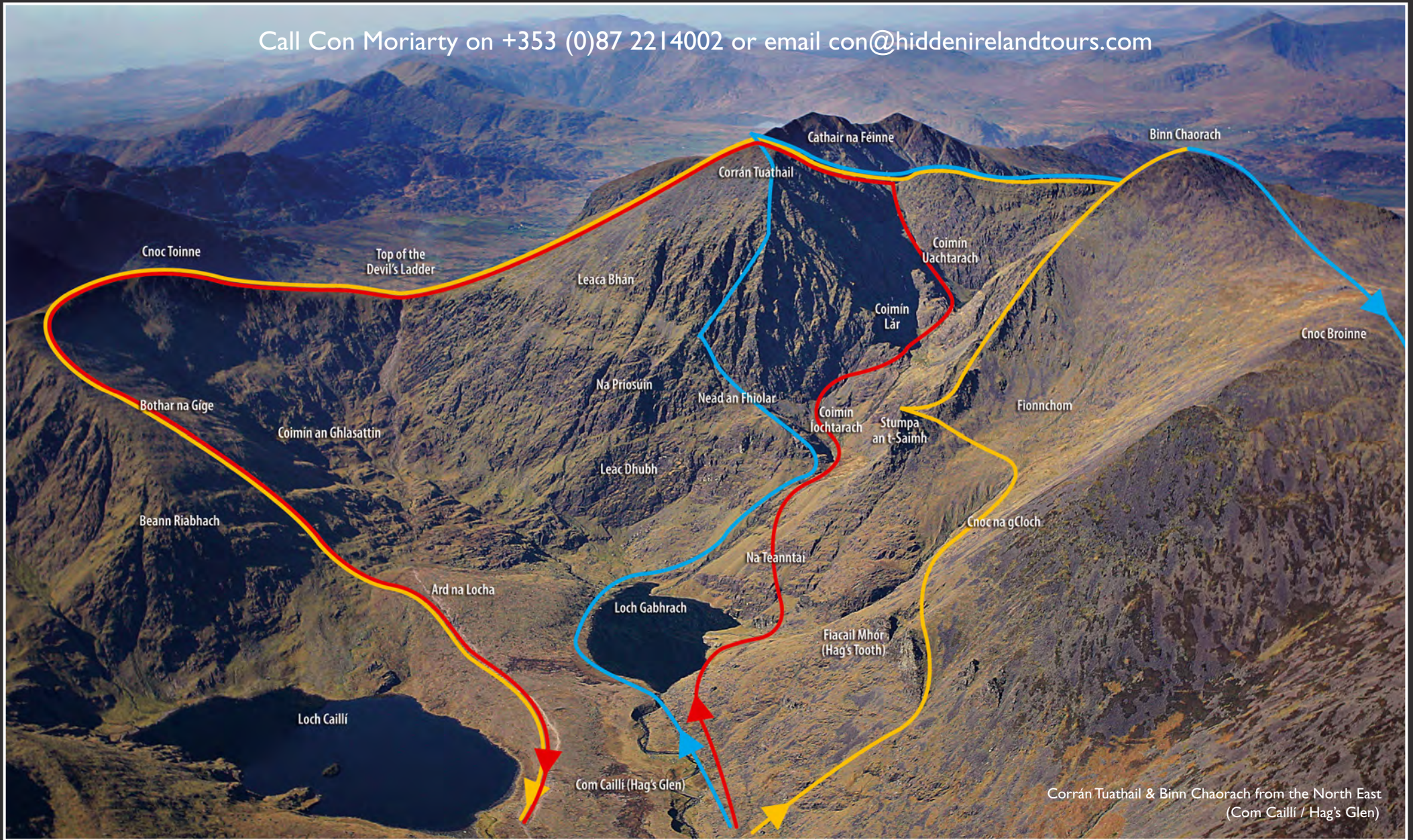


Call us!

**Contact Con Moriarty
on 087 2214002
or email con@hiddenirelandtours.com**

**For daily adventures throughout the southwest; see
www.hiddenirelandadventures.com**

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THREE CLASSIC ROUTES FROM COM CAILLÍ / HAG'S GLEN

- Corrán Tuathail via Coimín Uachtarach / Brother O'Shea's Gully and descent via Bóthar na Gíge (Hiking)
- Corrán Tuathail via Hag's Tooth and East Ridge of Binn Chaorach and descent via Bóthar na Gíge (Hiking & Scrambling)
- Corrán Tuathail via Howling Ridge - Binn Chaorach and descent over Cnoc Broinne (Climbing & Scrambling)



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CORRÁN TUATHAIL

(Gaelic placename, Sickle of Tuathail)

Ireland's highest peak, located in the range known as the McGillicuddy Reeks (or Na Chruacha Dubha - the black stacks)

2010 marks the 30th year of guiding on Corrán Tuathail and the McGillicuddy Reeks for Con Moriarty. Having grown up in the nearby Gap of Dunloe, childhood excursions on the hills began with maternal granduncles who shepherded on the Reeks before him. At the age of 16, Con followed in the footsteps of his father's father, Con Moriarty (1875-1947) a guide for over forty years. (The ensuing love of sharing wild places with discerning guests led to the setting up of The Hidden Ireland Tours in 1989).

As a mountaineer, Con has travelled and climbed extensively throughout most of the world's great ranges. However, he has never strayed too far from his spiritual home - the mountains of the Reeks and Gap of Dunloe. His climbing here has included the opening of several new routes on Corrán Tuathail, including many classic scrambles, rock and winter snow and ice climbs (among them, first ascents of the ridges known as; Pipet Ridge, Howling Ridge and The North East Ridge (Primroses). In addition,

he has participated and led some of the regions – and Ireland's most notable search and rescue missions as well as conceptualising and directing a range of national and international adventure events in the region.

The natural and cultural history of these mountains and of the surrounding land and seascapes has been the subject of lifelong study, research and collection for Con Moriarty that includes particular passions for local folklore, history and place-names.

This inspiration, experience and growing knowledge is what lies at the heart of our invitation to you to walk, scramble or climb on the peaks of the McGillicuddy Reeks with Con.



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PRACTICAL INFORMATION

- Con Moriarty's guided ascents leave from the **Dunloe Golf Course**, located at the mouth of the Gap of Dunloe (10 minutes from Killarney to the Gap and clearly signposted).
- **Regular ascents, every Wednesday and Saturday** take place every week throughout the year, along with regular "special" climbs being made to coincide with Full Moons, Sun Rise, etc and of more technical routes.
- **Complimentary Tea/Coffee and fresh Scones or Muffins** usually accompany a short briefing by Con before departure where the route planned is discussed with the aid of some spectacular photography.
- **Complimentary hot showers** and further refreshments are available to guests on return.
- **Our groups are usually small, ranging from 2 to 6** with special arrangements can be made for larger groups
- **Special Events:** Birthdays/Corporate Team Building/Stag or Hen Parties.... our ascents can be tailored to include additional adventure pursuits (rock climbing, abseiling, zip-lining, mountain biking, canoeing, etc) and lavish picnic lunches, etc.

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GEAR REQUIRED

Con Moriarty can fully kit out a limited number of participants with clothing and footwear for any ascent. Clothing, Equipment and Footwear for mountaineering on the McGillicuddy Reeks vary with climatic conditions on the mountains. On a warm summer's day, light hiking gear will suffice while in full blown winter conditions, serious winterised kit will be required (similar to what one would wear skiing). The following is a guide for consideration:

- **Footwear:** the single most important item, these must be sturdy, stiff boots, best from a reputable maker... Asolo, Zamberlan, Meindl, La Sportiva, Aku..
- **Socks:** padded hiking socks (Lorpen or Thorlo brands best)
- **Gaiters:** option protection for lower leg wear boots
- **Base Layer:** thermal top made from moisture wicking fabrics (Lowe Alpine DryFlo, Ice Breaker Merino, or Patagonia Capilline best. No cotton!)
- **Mid Layer:** Fleece or Soft Shell; warm mid layer for warmth
- **Spare/Additional Sweater:** additional layer for use in cold conditions
- **Hard Shell:** Wind/Water proof outer shell wear - jacket and pants
- **Leg Wear/Pants:** trekking type, quick-drying pants or shorts best in fine/fair weather with thermal or soft shell pants or leggings for winter.
- **Head Wear:** Thermal hat or cap
- **Gloves:** Thermal and/or mountain gloves
- **Back Pack:** Day pack to carry additional clothing, refreshments, camera etc

OPTIONAL EXTRA KIT

- **Walking poles:** useful on much of the journey for support and relief for tired legs. Cumbersome for some on rocky ground. Collapsible poles advised.
- **Thermos flask:** hot drink – necessary especially in winter
- **Map:** OSI 1:25 000 McGillicuddy Reeks, OSI 1:50 000 Sheet 78 or Harvey McGillicuddy Reeks
- **Compass:** Silva-type 4 or similar
- **Headtorch:** useful in winter
- **Bivy Bag:** storm shelter
- **Camera**
- **Binoculars**



The Hidden Ireland Adventures

HIGH ADVENTURE CHALLENGE

High Adventure Challenge over Ireland's wildest landscapes; McGillicuddy Reeks, Black Valley & Killarney Lakes Killarney Lakes, Black Valley and Gap of Dunloe

Hiking and Climbing over Corrán Tuathail, Mountain Biking in the Black Valley and Canoeing on Killarney's Upper Lake (From the creators of the Irish Adventure Challenge and the Turas World Series Adventure Race this adrenaline-day is designed to provide spectacular team-building or just a great deal of fun for any moderately fit group!).

Stage 1: Hiking & Climbing

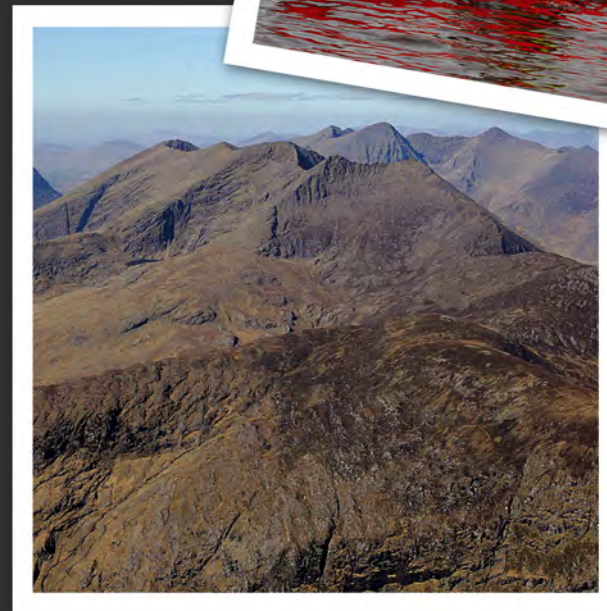
Ascend Ireland highest peak, Corrán Tuathail (1039m) via Com Cailí and Coimín Uachtarach with climbing, abseiling and zipline options en-route followed by ridge traverse to Cathair na Féinne (1001 - 3rd highest peak) and Graighin (822m). Descend to western end of the Black Valley for a gourmet picnic.

Stage 2: Mountain Biking

From the remote western end of the Black Valley, mountain biking along the floor of this great glen to headwaters of the Killarney Lakes.

Stage 3: Canoeing

Canadian or kayak paddling out of the Gaortha Míin river and over the waters of the Upper Lake to the Ring of Kerry road below Torc Mountain.



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THE NAME CORRÁN TUATHAIL AND IT'S MANY MIS-REPRESENTATIONS!

More than a dozen different attempts have been made to bastardise the name of this great peak; phonetic/anglicised attempts on the gaelic pronouncement that include several used in guides, road-signs and maps.

These bizarre deviations used over the years include an assortment used, seemingly ad-lib by statutory/official agencies, among them; Bórd Failte/Fáilte Ireland, Ordnance Survey of Ireland and Kerry County Council that have over the past fifty years of so, most commonly offered; **Carrauntoohil**, **Carrauntoohill**, **Carrauntuohill**, **Carntual**, **Carrauntuel** and **Carrauntual**.

A selection of other versions of the name used over the years include;

Carrauntuathail (F.H.A. Aalen, K. Whelan & M. Stout. *Atlas of the Irish Rural Landscape* - 1997)

Carrantual (Robery Lloyd Praeger. *The Way That I Went* - 1937)

Carran Tuohill (H.C. Hart/W.P. Haskett Smith. *Climbing in the British Isles* - 1895)

Carrauntoohil (OPW. *Archaeological Survey* - 1894)

Carn-Tuathail (M.F. Cusack. *The History of the Kingdom of Kerry* - 1871)

Garran Tual (Samuel Lewis. *Topographical Dictionary of Ireland* - 1837?)

Carranthouel (William Wordsworth. *Letter to family* - 1829)

Gheraun-tuel (Isaac Weld. *Illustrations of the Scenery of Killarney* - 1800)



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